

## Tools and Gadgets to Help Manage Your Daily Life

### Kim Collins, Adult ADD Coach

- For those of you who are constantly losing things the [Now You Can Find It](#) locator puts a pager on all elusive things. To order go to : <http://www.sharperimage.com/us/en/catalog/productview.jhtml?sku=SI676FUN>
- The [Invisible Clock](#) is a versatile timer with five powerful timing features, including the ability to beep or to silently vibrate. To order, go to: <http://www.invisibleclock.com/index.html>
- [MyCorkboard.com](#) is a free interactive bulletin board for your computer that allows you to add clocks, photos, calendars, sticky notes, to do lists, name plates, phone dialers, animated pets and dozens of amazing gizmos. To order, go to: <http://www.mycorkboard.com/>
- If you are not a linear thinker and hate making outlines, try [Inspiration](#). Inspiration is a mind mapping software that makes planning and note taking visual and fun! To order, go to: <http://www.inspiration.com/>
- Wouldn't you love a morning wakeup call, a reminder to buy Aunt Sally a birthday gift, and a reminder to take your afternoon medication? Well [Iping](#) does it all and more. To order, go to: <http://www.iping.com/>
- If you trying to manage a busy household, the [Home Organizer](#) is a great electronic organizer that will let you manage up to 5 schedules and lots more. It syncs with MS Outlook and you can even print out your schedule and lists directly from the machine. To order, go to: <http://www.simpliciti.com/site/product.asp>
- Are you constantly sleeping through your alarm because you are a sound sleeper? The [Sonic Boom Alarm Clock](#) will give you just the push you need. To order, go to: [http://www.dynamic-living.com/sonic\\_boom\\_clock.htm](http://www.dynamic-living.com/sonic_boom_clock.htm)

